

KEPPEL
CLUB
FOUNDED 1904

Generations Coming Together

Keppel *Links* 2021 OCTOBER





Going Green



Bring Your Own
Container and
get **50 cents** off

*(For each food item from
Tee Top that you have a
container for, excludes drinks)*

FACILITIES OPERATING HOURS

Facilities	Status	Operation Hours
GENERAL OFFICE		
Main Reception	Open	7am – 8pm
Admin Office/Membership & Finance Services	Open	8.30am – 6pm (Mon to Fri)
GOLFING		
Golfing Office	Open	7am – 8pm (Tue to Sun)
Golf Course	Members only	7.15am – 8pm (Tue to Sun)
Driving Range	Open	11am – 10pm (Mon) 7am – 10pm (Tue to Sun)
Golf Practice areas	Members only	7am – 10pm (Tue to Sun)
SPORTS & RECREATION		
Tennis Courts	Members only	7am – 9pm
Main Swimming and Children's Pool	Open	7am – 9pm
Jacuzzi	Closed	–
Gym / Gym steam room	Members only	7am – 9pm
Badminton Hall	Open	9am – 9pm
Seminar (Bridge) Room	Open	Please call for booking
Mahjong Room	Open	11am – 11pm (Daily)
Jackpot	Open	10am – 10.30pm (Daily)
F&B		
Tee Top	Open	7am – 9pm (last order 8.30pm) (Tue to Sun & PH)
Fauziah's Eatery	Open	9am – 8pm (Tue to Sun & PH)
Peony Jade	Open	11am – 2.30pm (last order 2.15pm) 6pm – 10pm (last order 9.30pm) (Mon to Fri) 10.30am – 2.30pm (last order 2.15pm) 6pm – 10pm (last order 9.30pm) (Sat, Sun & PH)
Sea Scent	Open	11.30am – 10.30pm
Fukuya	Open	11.30am – 3pm (last order 2.30pm) 5.30pm – 10pm (last order 9.30pm) Closed on Wednesday
ACADEMY/ CLASSES		
Pro shop	Open	9am – 7pm
Golf Line School	Open	12pm-9pm
SITA Academy	Open	Please call for booking
WaterJoy	Open	Please call for booking
FACILITIES		
Little Harry's Pub	Closed	–
Reading room / TV room	Open	7am – 10pm
Children's playground	Open	7am – 10pm
Karaoke theatre	Closed	–
Billiards / Snooker	Closed	–
Aerobics room	Open	7am – 9pm
TV lounge / Heritage room	Closed	–

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COMMITTEE & STAFF

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Deputy Chairman

Tan Chong Meng
Ong Kim Pong

Management Committee

President
Vice-President
Secretary
Treasurer
Captain
Vice-Captain
Member (Billiards & Bowling)
Member (House & Bar)
Member (Newsletter)
Member (Swimming & Entertainment)
Member (Tennis)

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Eric Tan
Eddy Ng
Lim Chin Chuan
Ng Luo Yi
Anthony Stacy Maniam
Michael Goo
Derrick Lee
Peter Teo
Ricky Aw
Kamal Ehsan

Newsletter Sub-Committee

Convenor
Members

Peter Teo
Susie Seow
Helen Neo (Observer)



Generations Coming Together

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Admin & HR

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Corporate Communications

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Facilities & Security

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F&B

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Editor's note

Dear Members,

With the current COVID-19 situation in Singapore, the Club continues to focus on ways to keep members safe, including getting our frontline staff to do regular Antigen Rapid Test (ART) self-test kits regularly.

Keppel Charity Golf is slated to take place later this month, and we are taking every precaution to keep members, staff, and donors safe during the event. We hope that the event will be able to continue amidst our heightened safety measures, to thank our donors for their generous contributions to all of our beneficiaries.

We would also like to urge all members to closely follow Safe Management Measures to keep themselves, other members, and our staff safe; keep your masks on at all times except during strenuous activity, and be sure to put your masks back on immediately after. Your cooperation helps us to reduce the risk COVID-19 transmission in the Club.

Best regards,

Adeline Leow

Corporate Communications Executive

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Please submit your comments and feedback to us using this link – <https://www.keppelclub.com.sg/Contact-Us-Feedback>



MAGAZINE RATES

Keppel Links (monthly publication)

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Half Page	\$ 600

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3 insertions	5%
6 insertions	10%
12 insertions	15%

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For enquiries, please email Corporate Communications Dept at adelineleow@keppelclub.com.sg



Generations Coming Together

Beyond 2021

One step closer to Sime – Signing of Facilities Sharing Agreement



From left: Keppel Club General Manager, Mr Desmond Chua, Keppel Club President, Mr Lai Mun Onn, SICC President (at the time of signing), Mr Andrew Low, and SICC General Manager, Mr Desmond Tay at the signing ceremony.

On 14 September 2021, Keppel Club signed the Facilities Sharing Agreement (FSA) with Singapore Island Country Club (SICC). This brings us one step closer to completing our milestone move to Sime in the future.

The signing was a simple ceremony at Singapore Island Country Club's Island location, and was held alongside SICC's official opening of their "New Course". Keppel Club President, Mr Lai Mun Onn, SICC President (at the point of signing) Mr Andrew Low, Keppel Club General Manager Mr Desmond Chua, and SICC General Manager Mr Desmond Tay represented the two Clubs at the signing.

Also present on the day was Keppel Club Chairman, Mr Tan Chong Meng, and Deputy Chairman Mr Ong Kim Pong. The signing ceremony was followed by a social game between the two Clubs.



Key representatives from both Clubs interacting after the signing ceremony.

The Facilities Sharing Agreement (FSA) details the working arrangements between the two clubs with regards to common areas like the public road and other infrastructure, which is essential for the two clubs, given their close proximity at the Bukit location, as well as the interwoven nature of the Sime and Bukit golf courses.

With the details of our cooperation agreed upon, we look forward to continuing the two club's amicable working relationship.

Moving forward, we have started working on the signing of the Lease Agreement with the authorities, and hope to have more updates to share with you in the near future.

Beyond 2021

Helping our staff grow for the future



There was a simple ceremony in Keppel Hall for the staff who have been flagged for the growth and development programme.



General Manager Desmond Chua briefing the staff on how he hopes the programme will help staff grow to be able to handle greater responsibilities in new roles.



Club Secretary, Mr Eddy Ng presenting appointment letter to our "Growth & Development Programme", team.

With our future at Sime secured, our efforts have also expanded to include training our staff and helping them to develop the skills which will come into play when our operations expand to include serving the public at Sime.

On Sep 3, 2021, appointment letters were presented by the Club Secretary, Mr Eddy Ng, to a group of staff who have been flagged for the Club's new "Growth & Development Programme".

Drawn up by the Human Resources Department with the support of our General Manager and the Management Committee, this programme aims to prepare to grow a new generation of Keppel Club staff to eventually take on more leadership focused roles, especially after the transition to Sime. Under this programme, each of the selected staff have had personalised career roadmaps drawn up, in order to help them learn the additional skills

needed to take on new job scopes at Sime.

Besides this new programme, we have also been planning the necessary training and development for all Keppel Club staff in order to prepare them for the transition to Sime. With these plans and more, we hope to help our staff make the transition smoothly, and provide members and public guests with great service as the Club's operation changes to manage the public golf course at Sime.

KEPPEL CHARITY GOLF 2021

Oct 9 & 10, 16 & 17, 2021

Guest-of-Honour on Oct 17, 2021

President Halimah Yacob



ONE LAST HISTORIC CHARITY GAME AT BUKIT CHERMIN!

RAFFLE DRAW

Get your tickets now!

Draw date: Sunday, Oct 17, 2021

Top 3 prizes:

- Apple New iPad Pro 12.9inch, 256GB with Cellular
- Dyson Purifier Cool™ air purifier
- Dyson Cyclone V10 Absolute Cordless Vacuum Cleaner

And many more items to be won!

COMMEMORATIVE GIFTS AWAIT YOU!



*HOLE-IN-ONE-PRIZE:

**Mercedes-Benz
GLB 180 Progressive**



All pictures are for illustration purposes only

**Terms and conditions apply*

For more information, email to KCG2021@keppelclub.com.sg
To register, go to <https://www.keppelclub.com.sg/Keppel-Charity-Golf>

In support of:



EMPOWERING LIVES.
UPLIFTING COMMUNITIES.



ENTRY FEES

Fund Raising Golf Flight @ \$1,888 per flight

Saturday and Sunday, 9, 10 or 16 Oct 2021 (AM/PM)
or Sunday, 17 Oct 2021 (AM).

Early bird registration @ \$1,688 per flight

on or before 9 Aug, 2021.

Individual Packages

\$2,500*

- 1 flight of 4 players (9, 10 and 16 Oct AM/PM, or 17 Oct AM)
- Goody bag for each player.
- 1 flight on a weekday of choice (excluding PH).

\$5,000*

- 1 flight of 4 players on October 17 afternoon.
- Goody bag for each player.
- 1 flight to play on a weekday or weekend of your choice.

\$10,000* and above/enquiries,

**Please contact Mr Edmund Chun
@ 92988004 or Vigness 8587 5479**

* Tax Deductible

Donation Packages

Members' Daily 4 flights

(4 Daily flights for members without balloting or online booking).

Make a small donation to the beneficiaries of Keppel Charity Golf 2021 and get a flight without balloting or online booking. Donate \$120 per flight for weekdays, and \$160 for weekends and public holidays.

Terms & Conditions

- These flights count toward the quota of 2 games a week.
- If the flight is unable to tee off due to inclement weather, the flight can be rebooked.

Priority Advance Booking

Donate to a worthy cause and gain access to priority booking for up to 50 flights, depending on the tier of your donation.

**\$2,000 = 10 weekdays advance booking.
\$5,000 = 10 weekdays and 10 weekend/
PH advance booking.**

**\$10,000 = 25 weekdays and 25 weekend/
PH advance booking.**

Terms & Conditions

- Transferrable, but players in the flight will have the game count towards their quota of 2 games a week.
- Priority booking available until the end of 2021.

Our Beneficiaries

President's Challenge
Autism Association (Singapore)
Bright Vision Hospital
Care Corner Singapore
Dementia Singapore (DSG)
Down Syndrome Association

HCA Hospice
HEB Ashram Halfway House
Lembaga Biasiswa Kenangan Maulud (LBKM)
MDAS
National Arthritis Foundation
National Kidney Foundation

New Hope Community Services
Parkinson Society Singapore
Reach Community Services
Singapore Cancer Society
Singapore Disability Sports Council
Society for the Aged Sick
SPD



Our beneficiaries

Keppel Charity Golf 2021



President's Challenge

Started in 2000, the President's Challenge is an annual community outreach and fundraising campaign for beneficiaries selected yearly by the President's Office. The Challenge represents a coming together of people from all walks of life, under the President's patronage, to help the less fortunate. It serves as a call to all Singaporeans to do their part to build a more caring and inclusive society by giving of their time, skills and enterprise.

In 2018, President Halimah Yacob refocused the effort of President's Challenge towards the empowerment of vulnerable groups with skills and employability. An Empowering for Life Fund was set up to support programmes in skills upgrading, capacity building and employment of vulnerable groups. President's Challenge aims to raise \$10 million for the Empowering for Life Fund between 2018 to 2023, and the Government will provide dollar-for-dollar matching.

autism
association
(singapore)



Autism Association (Singapore)

The Autism Association (Singapore) (AA(S)) is a Social Service Organisation in Singapore, dedicated to supporting and serving individuals on the autism spectrum in maximising their potential, helping them lead meaningful and quality lives in society.

The Association is an independent charity that was formed in August 1992 by a group of parents. In January 1995, it was registered as a charitable organisation under the Charities Act, Singapore.

In July 1997, AA(S) was admitted as a member of the National Council of Social Service. It was also granted the Institutions of a Public Character status, allowing the Association to issue tax-exempt receipts for public donations.



Bright Vision Hospital

Bright Vision Hospital is a 317-bedded community hospital founded in 2002. Serving about 1,800 patients each year, more than 60% of our patients come from low-income families, and a majority are above 60 years old who require medical, nursing and rehabilitation care.

BVH provides a range of inpatient services for sub-acute, rehabilitation, palliative and chronic sick patients, as well as a Day Rehabilitation Centre for outpatients. A holistic environment connects patients with their care journey at BVH – a Sky Garden allows therapists to do exercises with patients in a relaxing environment surrounded by greenery, while a reminiscence corner brings back memories and facilitates social engagement.

Besides clinical care, BVH also conducts various social and wellness activities to meet patients' physical, psychological and social well-being.

In April 2020, BVH was converted into a COVID-19 facility to support the nation's effort against the pandemic. BVH is an IPC under the purview of MOH Sector Administrator.



Care Corner Singapore

Established since 1981, Care Corner Singapore is a non-profit organisation that has 38 service points island-wide. For 40 years, the organisation has been serving the isolated and disadvantaged in Singapore through our extensive services, such as helping families in need, youths at-risk, special needs children, children from low-income families, seniors and counselling needs.

In FY2019/2020, Care Corner Singapore supported 14,388 direct service users and reached out to over 34,500 individuals through our various programmes and community outreach with the help of our 5,600 selfless and amazing volunteers. Care Corner Singapore received the Charity Transparency Award from 2017 to 2019 and Charity Governance Award in 2017 from Charity Council.

For more details of our service pillars and programmes, kindly visit <http://www.carecorner.org.sg>.



Our beneficiaries

Keppel Charity Golf 2021



Dementia Singapore (DSG)

Dementia Singapore was formed in 1990 as the 'Alzheimer's Disease Association' to better serve Singapore's growing dementia community, increase awareness about dementia, and reduce the stigma surrounding the condition. As Singapore's leading Social Service Agency (SSA) in specialised dementia care, Dementia Singapore aims to advocate for the needs of people living with dementia and their families; empower the community through capability-building, knowledge and consultancy; and deliver quality, person-centred care innovations. For more information, visit <http://dementia.org.sg>.



Down Syndrome Association

Born out of love and devotion by a group of parents of children with Down syndrome, Down Syndrome Association (Singapore) is a primarily self-funding, non-profit social service agency established in 1996 to support and educate families, professionals and the public about the genetic condition. The Association is committed to providing holistic support for families and caregivers; facilitating a person with Down syndrome to attain his or her full potential; and enabling them to contribute back to the society.



HCA Hospice Care (HCA)

HCA Hospice Care (HCA) is Singapore's largest home hospice care provider and is a registered charity since 1989. The organisation provides comfort and support to patients with life-limiting illnesses regardless of age, religion, ethnicity, nationality and financial status.

HCA's core service, home hospice care, is provided at no charge to more than 3,000 patients annually. Besides medical care for patients, this service also entails psychological support for patients and caregivers. A 24/7 hotline ensures help is available round-the-clock.

HCA is an NCSS Centre of Specialisation for palliative care and conducts palliative care training for its patients' caregivers. Its other services and programmes include day hospice care, paediatric palliative care (Star PALS), bereavement support and outreach programmes such as the Young Caregivers Programme (yCG).



HEB Ashram Halfway House

HEB-ASHRAM Halfway House was established by the Hindu Endowments Board in 1999. It is a registered IPC with effect from 1 Nov 2011 (UEN: T09CC0009L) and the only Indian-Hindu halfway house in Singapore that assists in the rehabilitation and reintegration of penal and drug offenders from the Indian-Hindu and other communities into society. To date, more than 900 residents and their families have benefited from our services.

In Oct 2010, HEB-Ashram was one of the eight halfway houses that became part of the Halfway House New Service Model (HSM). Since then, we have been constantly striving to enhance our in-house programmes to provide quality client-centric services to all our residents. We firmly believe that every resident should recoup successfully and live with dignity.



Lembaga Basiswa Kenangan Maulud (LBKM)

LBKM, with the support of the community, foundations and organisations, has successfully disbursed more than 33,500 bursaries, worth a total of \$28.9 million, to students from primary to postgraduate levels. It strives to remain a relevant beacon of light in the community and believes that no child should be deprived of education because of financial constraints.

Funds received from Keppel Club each year were disbursed to part of its 31,000 recipients, from all levels of education. LBKM will continue to disburse the funds received from this year's event, to more students in need to help them move up the socioeconomics ladder.



Our beneficiaries

Keppel Charity Golf 2021



Muscular Dystrophy Association (Singapore)

Established in March 2000, the Muscular Dystrophy Association (Singapore), also known as MDAS, is a non-profit social service agency formed by a group of caring and concerned individuals to support persons with Muscular Dystrophy and their families facing the life-threatening effects of an incurable and debilitating condition. MDAS was subsequently registered in June 2002 as a charity and is a full member of National Council of Social Services (NCSS), recognised as an Institution of Public Character (IPC) status. The association relies primarily on kind hearted donations from the public.

MDAS is committed to uplifting the lives of children and adults living with Muscular Dystrophy (MD). As a specialised group, we understand the challenges they faced, and as such, our programmes and services are aimed at enhancing the quality of life of our members and their families too. These ranges from life-skills training, enrichment, sports, health education, counselling, physiotherapy, respite care, wheelchair-accessible transport and financial-related assistance.



National Arthritis Foundation

Set up in 1984, National Arthritis Foundation (NAF) is an Institution of a Public Character (IPC) charity and the main public organisation in Singapore devoted to providing medical subsidies to help underprivileged Singaporeans and Permanent Residents suffering from arthritis, while actively mobilising the community through social activities and educational programmes that empower arthritis patients to better cope with the disease. Our goal is to help arthritis sufferers lead productive lives while promoting healthy living to alleviate arthritis incidence in Singapore.



National Kidney Foundation

The National Kidney Foundation (NKF) strives to be an advocate and integrator for kidney health and holistic care for the community by the community. While supporting kidney failure patients with quality dialysis treatment and integrated care, its greater mission lies in preventing or delaying kidney failure through kidney health education with deeper integration into the community and strategic collaborative partnerships.

With the strong community support, NKF will continue to give Life & Hope to needy kidney failure patients and do our part in building a more resilient and healthier nation.



New Hope Community Services

New Hope Community Services (NHCS) is a social service agency serving the displaced and disadvantaged, regardless of their race or religion. Founded in 2003, it was established in 2005 as an Institute of Public Character (IPC).

NHCS operates four transitional shelters and programmes serving displaced individuals, families and ex-offenders, providing safe shelter and support. We also serve low-income families under the Home Ownership Plus Education (HOPE) Scheme.

Your donations will support our services and programmes including case management, counselling, job placement, mentoring and life skills training programmes to help our clients rebuild their lives. Be a Beacon of New Hope today. For more information: www.newhopecs.org.sg



Parkinson Society Singapore

Parkinson Society Singapore (PSS) supports People with Parkinson (PwP) and their caregivers holistically through their Parkinson journey. The society was founded in 1996 by a group of doctors and caregivers and opened Singapore's first community-based Parkinson Centre in 2013 to provide the much-needed support beyond hospitals.

Currently the second most common neurodegenerative disorder in Singapore, there is currently no cure for Parkinson but medications and therapies such as physiotherapy, speech and occupational therapy can help alleviate symptoms and slow down the deterioration. To this end, PSS offers a wide range of therapeutic programmes, social and recreational activities to help PwP live better with Parkinson.

A charity registered with National Council of Social Service and an Institution of Public Character, PSS relies heavily on donations to continue supporting the local Parkinson community. For more information: www.parkinson.org.sg



Our beneficiaries

Keppel Charity Golf 2021

REACH
COMMUNITY SERVICES



Reach Community Services

REACH Community Services Society was founded in 1998 by Grace Assembly of God to help the Least, the Lost, and the Lonely in the community. REACH was registered as a charitable organisation in 1999 and has been an approved Institution of Public Character (IPC) since 2009. REACH offers community programmes and services through our six touchpoints. We strive to inspire hope and empower change in vulnerable families, distressed couples, at-risk youths, and lonely seniors through our four core pillars: Family Service, Counselling Service, Youth Service and Senior Service. We aim to support families through financial assistance, casework and counselling; build lasting marriages through marital counselling; empower at-risk youths through mentoring sessions and engagement programmes; and aid our elderly to age gracefully through community projects. To find out more about the work REACH does, please visit <https://www.reach.org.sg/>.



Singapore Cancer Society

Established in 1964, Singapore Cancer Society is a self-funded voluntary welfare organisation which provides patient care services to needy cancer patients through its welfare, hospice home care, cancer treatment subsidy and rehabilitation support programmes. In addition, the Society also provides free cancer screening services and promotes cancer awareness and prevention through its public education and community outreach programmes.



Singapore Disability Sports Council

The Singapore Disability Sports Council (SDSC) caters to the needs of persons across a diverse range of disabilities. Founded in 1973, SDSC runs community, developmental and high performance programmes seven days a week, 365 days a year, to help persons with disabilities receive therapy and discover their talents through sports.

The SDSC is the only organisation in Singapore which reaches across all disability groups, offering a wide range of more than 20 sports at both elite and non-elite levels. SDSC is heartened to be benefiting more than 300 athletes with disabilities weekly, and more than 1000 persons with disabilities annually. Inspirational individuals have emerged from our programmes and services, such as Yip Pin Xiu, Singapore's first Paralympic gold medallist and up-and-coming Boccia athlete Aloysius Gan, who has been playing the sport since he was eight years old.

As a charity and an Institution of Public Character, SDSC depends on donations to sustain and continue its programmes.



Society for the Aged Sick

Society for the Aged Sick (SAS) is a non-profit nursing home that provides long-term residential and respite care services for the elderly, especially the less-privileged. With a team of committed healthcare professionals and caregivers, we believe in adding years of quality life to our residents through holistic caregiving.

Established in 1968 as a 16-bedded facility, we now have 404 beds in our current location.



SPD

Established in 1964, SPD is a charity in Singapore that seeks to enable people with disabilities of all ages to be as independent and self-reliant as possible, by providing services such as therapy, early intervention, employment and educational support, as well as case management so that they can participate in school, work and daily life within mainstream society. For more information, please visit www.spd.org.sg.

Leaving Bukit Chermin

A wealth of memories and a rich heritage



The old Keppel Club building back in the 70s.

In 2022, Keppel Club will be moving from its existing premises at Bukit Chermin to Singapore Island Country Club's Sime Public Course.

As the curtain gradually falls on Bukit Chermin, bidding goodbye to more than a century's worth of history has invited both lamentation for the past and excitement for the future. Change is around the corner, but there's hope that the Club's core values will continue to endure. At Keppel, a close-knit community prepares to write the club's next chapter.

The end of an era

Throughout its history, Keppel Club has never shied away from change.

Starting as a modest 3-hole golf club in 1904, the Club has since added myriad facilities—indoor tennis courts, a gym, bowling alleys and a swimming pool among them—to become the all-encompassing institution it is today.



Our current Clubhouse until the end of our time at Bukit Chermin.

To keep up with the times, the Club has also been quick to embrace the latest technologies. During the 1980s, it introduced all-weather Tec-Tone surfacing into its tennis courts at the behest of members' requests. The Club's implementation of a golf monocart system in 1996 was also unprecedented in Asia at the time.

Those changes reinvigorated the Club. Membership steadily grew,

and members found more avenues to bond and interact with one another. To many, Keppel Club became a home away from home.

But unlike past changes, this time will close this chapter of the Club's history. After nearly 117 years of connecting members of all walks of life at Bukit Chermin, Keppel Club prepares to bid its cherished home goodbye.



The monocab system was the first of its kind in Singapore, and was implemented to target the problems faced at Keppel Club with regards to caddies and the undulating terrain.



Golf course renovation site in 2003.



New Club House and Swimming Pool Annexe-1982.



Clubhouse upgrading/extension, 1993.

With the Club's lease due to expire this year, Keppel Club's departure was already given. Still, staff members were mixed in their responses

Some, like Senior Cashier Lian Jie, eagerly look forward to servicing the club in a new environment. "I'm elated that I'll continue to be with the club even after the move to Sime Course," she says.

To some, the club's departure from Bukit Chermin felt like a bittersweet moment. "I'm really emotionally attached to Bukit Chermin because there're so many memories for me here," laments a chef at Tee Top whom we spoke to. At the same time, the new Sime Course will certainly be a "welcome breath of fresh air," he adds.



Mr Ng Chee Keong, former Keppel Club Deputy Chairman as well as Captain, who was the driving force behind the implementation of the monocart system.



Golfers will recognise the face of friendly Course Superintendent Krishnan, who has been with the Club for a whopping 28 years.



Chef Raymond normally stays behind the scenes, but is constantly thinking of delicious specials that members can enjoy.



Senior Cashier Lian Jie is a familiar face to many members, having been with Keppel Club for many years.

Goodbye Bukit Chermin, Hello Sime

As the Club embarks on a new journey, some existing ways of life familiar to both staff and members will become footnotes in its history.

“I’ll definitely miss the how casual and easy-going things are at Bukit Chermin,” shares Lian Jie. She also laments that not everyone on her team plans to stay on post-transition.

For Course Superintendent Krishnan, the club’s departure from Bukit Chermin made him feel as if he had lost his “true home.” A stalwart who has been with the Club for almost 28 years, he wonders if he’ll find the same close-knit relationships with club members after the Club’s transition is complete.

“Some members would drop me calls to check in on me, and even occasionally treat me and the team to nasi briyani,” he recalls.

At the same time, there is also a palpable sense of excitement in the air. For Chef Raymond at Tee Top, he looks forward to catering to a broader palate with an overhauled menu at Sime Course. Younger staff on his team are also keen to experiment with and introduce new flavours to club members, he adds.

While there’ll be a need to thoroughly learn the ins-and-outs of the new course, Krishnan eagerly anticipates working with newer, more sophisticated facilities. He also senses an opportunity to prove that his course

management expertise can extend to the management of a different golf course.

Into the future as one family

Some aspects of the Club will still prevail. In his comments during the club’s Centennial celebrations in 2004, former Deputy Chairman and Captain, Mr Ng. Ng Chee Keong highlighted how the familiar “rustic and warm” atmosphere continued to endure even as the club’s physical facades changed over time.

Even as membership has expanded from just 235 in 1940 to more than 4000 members today, the Club’s “family spirit” remains strong, he adds.



Members were eager to learn more about the Club's future when it was announced that we had been given the opportunity to manage Sime Public Course.



Nowhere is this family spirit clearer than the recent call for members to sustain the Club beyond 2021. To acquire the necessary finances, the club needed about 1,500 members to opt-in for a top-up fee - a whopping 2,480 club members agreed to pay.

More second, third and fourth-generation members are also joining the membership ranks. This infusion of new blood can not only help spur innovation, but also gear the Club towards meeting the uncertainties of its transition better.

Individual apprehensions aside, there are signs that Keppel

Club's transition to Sime Course will be smooth. In a joint statement, Singapore's Ministry of Law and Ministry of Culture, Community, and Youth acknowledged that the Club "had the necessary expertise and experience" for the task.

As anxieties fade, the Club may also find respite in the fact that, after exhaustive ventures into Johor, Batam, and Bintan, it has finally settled on a new home.

Ultimately, it isn't just physical setting, but also people, that define a place. Keppel has always been about friends and family, and that won't change at all.

A call for collecting memories

As Keppel Club begins its new journey, not everybody will stay on during or after its transition to Sime Course is complete.

At this juncture, we invite you to share your best memories of Bukit Chermin with us, and take a walk down memory lane with our upcoming videos and Leaving Bukit Chermin column. Selected anecdotes will be published as part of the column.

Share your memories and photos with us by sending your stories to the comms team at:
adelineleow@keppelclub.com.sg

5 stay-at-home exercises for a stabler lower body

With working from home and COVID-19 restrictions still the norm, it may be a while longer before you take a chance on paying the Club—or your gym—a visit. Keeping golf-fit doesn't have to wait though – with these quick stay-at-home workouts, you'll have lower body stability you need for those power swings.

A gentle reminder: always remember to exercise within your limits. Avoid repeating exercises if your experience any pain or discomfort. Should pain persist, please consult a doctor immediately. Check in with our trainers if you are unsure how to properly perform an exercise.

Split squat

While the standard squat is great for whipping your legs into shape, the split squat adds another level of challenge by moderately stressing your abdominal muscles.

An excellent test of lower body strength, the split squat is also easier to execute compared to most other compound exercises. However, this exercise is not recommended for individuals with knee problems.

Step 1

From a standing position, take a long step forward as if you're doing a lunge. Keep the heel of your back foot raised.

Step 2

With your torso straight, gently lower yourself until your back knee nearly touches the floor. Once there, push yourself back up.

Step 3

Complete all repetitions on one leg, and then switch to the other. Be sure to keep your knees in line with your toes. Do not let your front knee exceed your foot when lowering yourself.

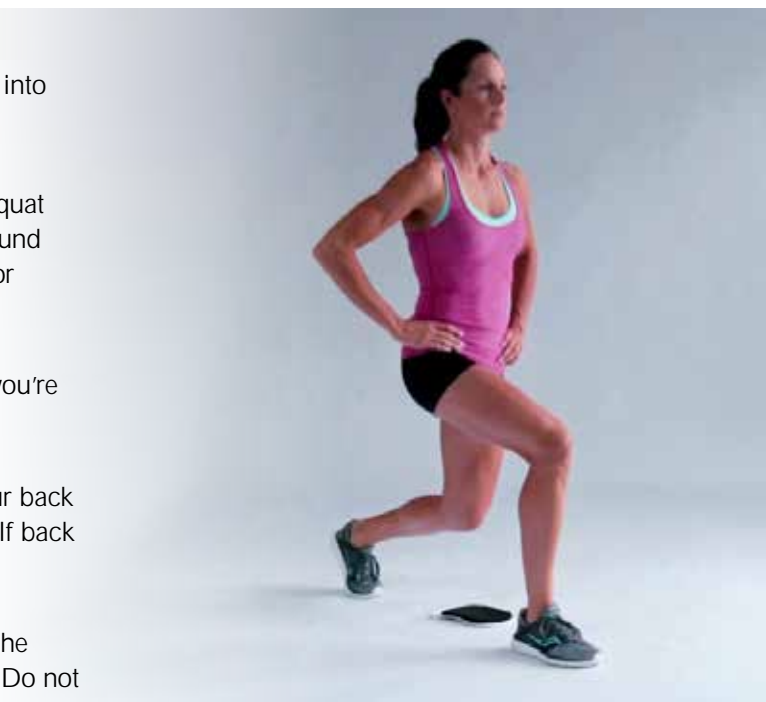


Photo credit: VPurple Patch Fitness

Inverted flyers

A high-level exercise that works your abs, hips and thighs, inverted flyers offer the same benefits of single-leg deadlifts without the need for weights.

Step 1

Stand with your feet hip-width apart. Stiffen your torso and contract your abs.

Step 2

With one foot on the ground, lift the knee of your other foot so that your other leg is right in front of the hip at a 90-degree angle. Your arms should also be bent at the same angle.

Step 3

When raising your knee, swing your arms forward and back to create tension on your shoulders.

Step 4

Return to the starting position and switch sides.



Photo credit: ACE Fitness

Single-leg deadlifts

Deadlifts can get pretty tricky, and single-leg deadlifts are no exception. By using your hips as a hinge, this exercise is a great way to boost your balance by strengthening your back, core and leg strength.

Step 1

Start by keeping your feet hip-width apart and parallel. You should hold a kettlebell, dumbbell, or similar weight right in front of you.

Step 2

Gradually lean forward. Place your weight onto one leg. Move your other leg straight behind you.

Step 3

Lift the leg behind you and move your body forward until your body looks like a "T" shape. Place your arms hanging straight down. Your rooted leg should be slightly bent.

Step 4

Slowly bring your extended leg in to return to starting position. Repeat with your other leg. Again, complete all reps on one leg first before changing to the other.



Photo credit: ClassPass

Bird Dogs

Lower body exercises are not for everybody, but bird dogs are ideal even for individuals with lower back concerns. This exercise has also been proven to develop good balance and posture for those who perform it regularly.

Step 1

Start with all fours on the ground. Place your knees under your hips. Your hands should be kept under your shoulders. Engage your abdominal muscles.

Step 2

Drawing your shoulder blades together, raise your right arm and left leg. Ensure that your hips and shoulders are parallel to the ground.

Step 3

Extend the back of your neck and tuck your chin into your chest. You should be looking down at the ground. Hold this position for a few seconds.

Step 4:

Lower yourself back down to the starting position. Switch arms and legs.



Photo credit: Verywell Fit

Tee Top

Golfers' Terrace

CHEF'S RECOMMENDATION

5 to 31 Oct

Stir-Fried Green Dragon Leaf
with Salted Fish \$10.50



Chilla La-La with Mini Mantou \$18



Images are for illustration purposes only.

Opening Hours: 7am - 9pm Tuesday to Sunday & public holidays

• Last order at 8.30pm • Closed on Mondays

All prices subject to 7% GST for members and 7% GST + 10% service charge for non-members.

Crispy Mid-Wings Chicken with Garlic Soya Sauce \$13.50



Grilled Salmon Steak with Mentai Sauce \$16.50



Images are for illustration purposes only.

Opening Hours: 7am - 9pm Tuesday to Sunday & public holidays
• Last order at 8.30pm • Closed on Mondays

All prices subject to 7% GST for members and 7% GST + 10% service charge for non-members.

Tee Top

Golfers' Terrace

WEEKEND SPECIAL

Braised Pork Knuckle

\$18



Images are for illustration purposes only.

Opening Hours: 7am - 9pm Tuesday to Sunday & public holidays

• Last order at 8.30pm • Closed on Mondays

All prices subject to 7% GST for members and 7% GST + 10% service charge for non-members.

Tee Top

Golfers' Terrace

Sugarcane with Lemon

- **\$3.00** *per glass*
- **\$13.50** *per tower*

Opening Hours: 7am - 9pm Tuesday to Sunday & public holidays

• Last order at 8.30pm • Closed on Mondays

All prices subject to 7% GST for members and 7% GST + 10% service charge for non-members.

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みそ汁
Miso Soup

霜降牛ステーキ丼 (小)
Premium Marbled Sirloin
Teppanyaki Donburi (small)

甘味
Dessert

アワビのカルパッチョ Abalone Carpaccio
\$12⁺⁺

- Promotion Period : 1st Oct - 31st Oct 2021
- All prices subjected to 7% GST for Keppel Club Members, and 10% Service Charge & 7% GST for Non-Members.
- Not valid in tandem with any other promotion, special offer, discount, voucher and/or coupon.
- Photos are meant for reference only.
- Passion Group reserves the rights for final decision.



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OCT'21 PROMOTION

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\$6.80 ONLY

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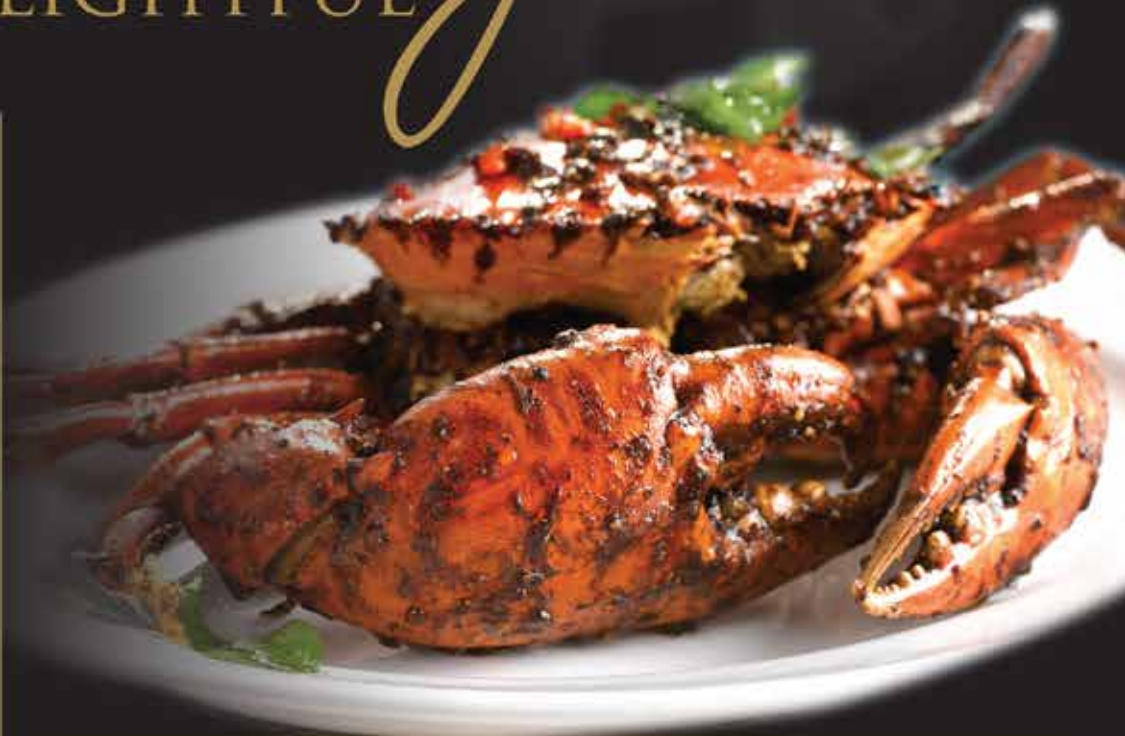
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*CHILD (Below 10 years old)



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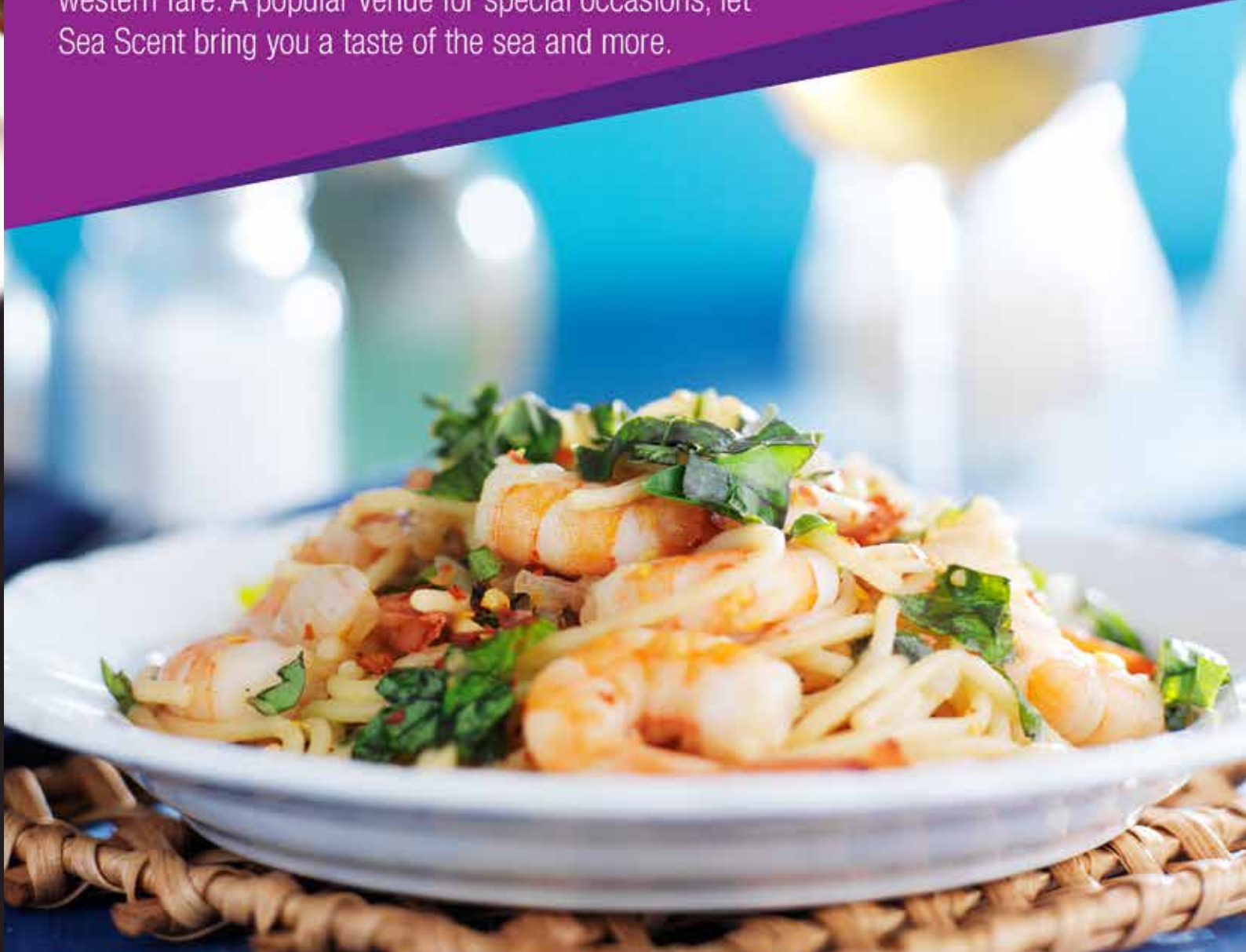
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